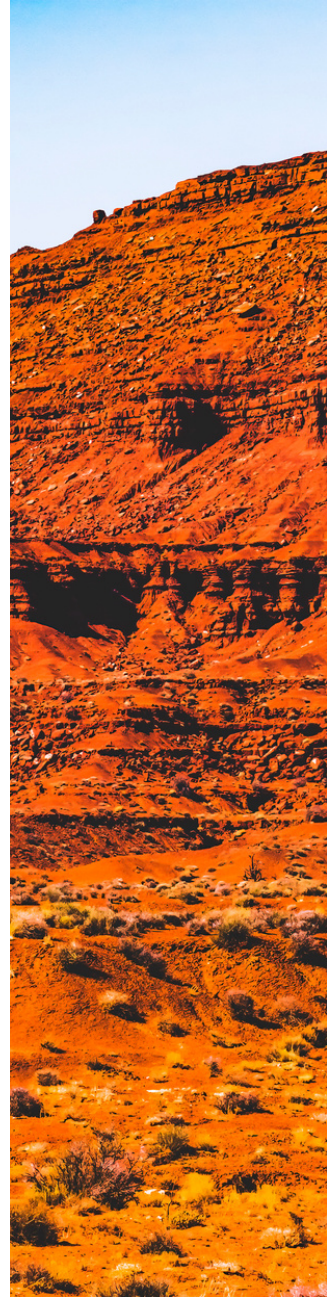


# UTAH

April 7-12, 2024

*Red Mountain Spa*



[www.yougogirlstravel.com](http://www.yougogirlstravel.com)





APRIL 7-12, 2024

# UTAH

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*feed your body and soul*



This visit will be our 13th to Red Mountain. It has become a “happy place” for many of you. The stunning vistas, supportive fitness staff, delicious food, and professional spa providers are responsible for creating a very special feeling.

The resort has been sold and will be undergoing changes in the next couple of years. I am happy that we have one more year to enjoy what we may soon be referring to as – the good old days.

For now, the body restoration and soul renewal continue. For some that is basking in the comfort and relaxation. Others stretch their minds to learn new skills or challenge themselves to new behaviors. Some enjoy the physicality of exercising their muscles with unique activities. New friendships are forged, and old ones are honored with the gift of time spent together. We linger over dinners that take hours, nourishing ourselves with the creative preparations from the kitchen.

Everything takes place beneath those soaring red cliffs and haunting rock formations that assume identities of their own. The dry desert of the Mojave bakes any cares away in a blink of a roadrunner's eye.

Let Red Mountain become your tradition and your haven. Consider it a well-deserved gift to yourself.



# Features

- 5 nights accommodations
- 3 delicious healthy meals per daily
- Private group welcome reception
- Even cookies at lunch
- Unlimited Fitness Classes
- Personal Discovery Activities
- Healthy Lifestyle Classes
- Guided morning hikes
- Use of Resort Amenities including Pools, Bicycles, Walking Trails, Strength & Cardio Studios
- Free wi-fi
- Gratuities for guides, housekeeping, bellmen, dining staff, and included activity staff.



# TAKING BOOKINGS NOW - LIMITED SPACES

April 7-12, 2024

\$2299 per person

double occupancy

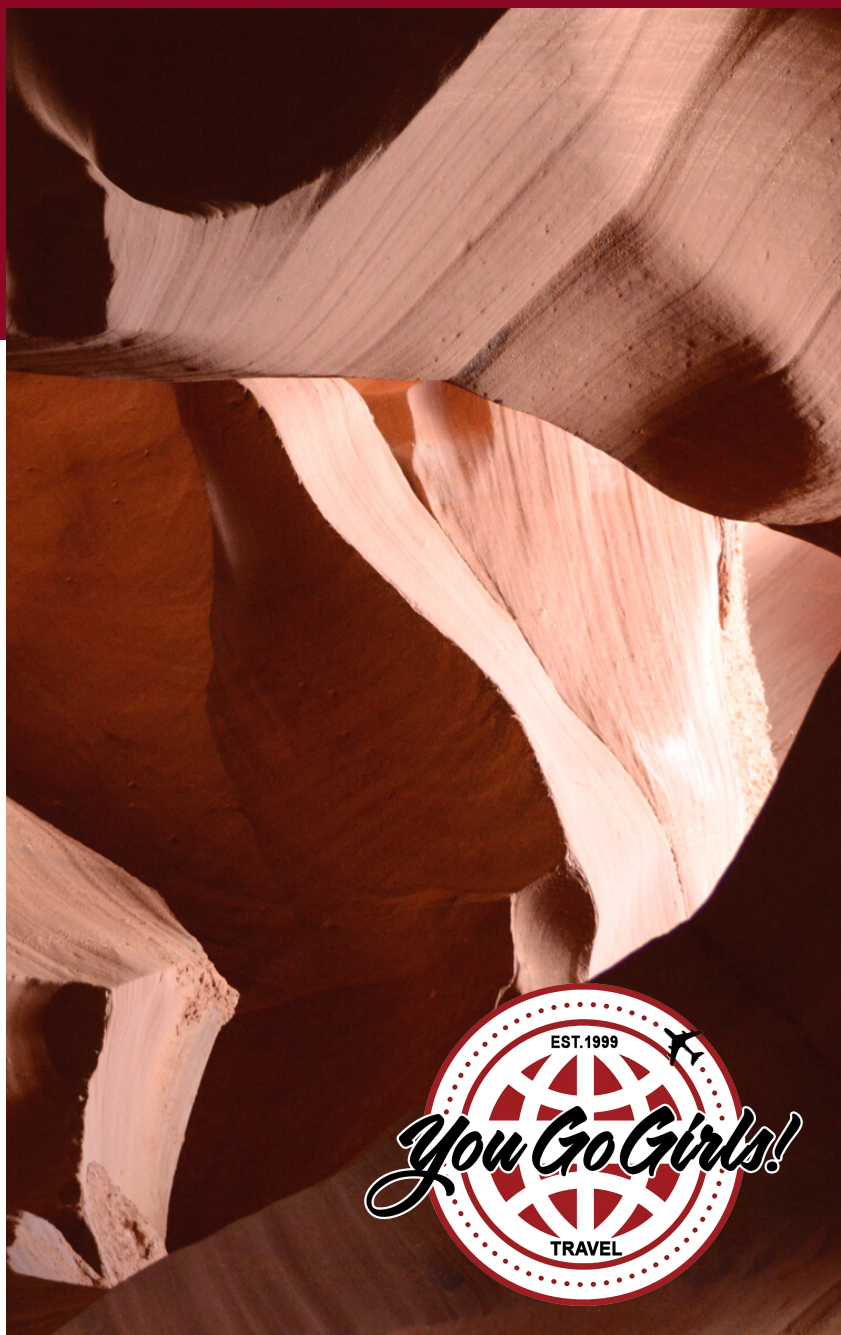
Single supplement \$300

## DETAILS:

- Fly into St George, Utah and enjoy the free transfer provided by the resort.
- Fly into Las Vegas and transfer on your own via rental car or shuttle service.
- St George is on Mountain Time.
- Dinner is included on arrival night.
- Breakfast and lunch are included on departure day.
- A gratuity of 15% will be added to all spa, wellness, bar, canyon counter and one-on-one services.

## BONUS

Bring a friend. If our group reaches 10 rooms - each person will enjoy a \$200 resort credit.



## DETAILS:

Itinerary subject to change without notice. No refunds for unused activities. A \$300 nonrefundable deposit reserves your space. All participants must be in good health and willing to follow any COVID protocols in place at the time. Closed toe shoes must be worn for walks and hikes. Final payment due January 31, 2024.

CALL 503-227-7220 OR EMAIL [INFO@YOUNGOGIRLSTRAVEL.COM](mailto:INFO@YOUNGOGIRLSTRAVEL.COM)